## Recovery Month 2024

### The Art of Recovery

<table>
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<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tr>
<td>Questions?</td>
<td>26</td>
<td>27</td>
<td><strong>28</strong> Night of Light 6:30PM – 8:00PM Pinwheel Display – Justice Center &amp; GSC</td>
<td>29 Pinwheel Display - GSC</td>
<td>30 Pinwheel Display - GSC</td>
<td><strong>31</strong> Overdose Awareness Day Pinwheel Display - GSC</td>
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<tr>
<td>Contact</td>
<td>Laura Wiechecki: <a href="mailto:lwiechecki@chesco.org">lwiechecki@chesco.org</a></td>
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<td>Pinwheel Display - GSC</td>
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<td>Communicating With Families. AM Session PM Session</td>
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<td>Commissioners' Meeting</td>
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<td>Impact of Substance Use on Parenting &amp; Children AM Session PM Session</td>
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<td>Issues Affecting Parents in Early Recovery AM Session PM Session</td>
<td>Recovery Walk @ Navy Yard</td>
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<td>Voices of Recovery ODPTF Stakeholder Meeting 1:30-3:00</td>
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<td>Reducing Risk &amp; Increasing Resilience in Families Experiencing Incarceration AM Session PM Session</td>
<td>Narcan Community Training</td>
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**Wednesday, August 28th – Night of Light**
Please join us for “Night of Light” held at the Historic Courthouse Steps in West Chester from 6:30PM-8:00PM. The evening will feature speakers, resource tables, and a ceremony to remember the lives lost to substance use disorders and bring hope to those working toward long term recovery.

**Saturday, August 31st – International Overdose Awareness Day**
On this day, the County will be joining communities around the world in encouraging residents, businesses, and organizations to raise awareness of overdose, reduce the stigma surrounding overdoses and drug related deaths, remember the lives lost to overdose, and acknowledge the grief felt by families and friends who have lost a loved one. To mark the occasion, 84 pinwheels will be displayed in front of the Chester County Justice Center located at 201 Market St, West Chester, PA 19380 and the Chester County Government Services Center (GSC) located at 601 Westtown Road, West Chester, PA 19380 representing the 84 lives lost to overdose in Chester County in 2023.

**Justice Center: pinwheels displayed on 8/28**
**Government Services Center: pinwheels displayed on 8/28 – 9/3**

**Friday, September 6th – Communicating with Families**
This training will present on when a loved one develops a Substance Use Disorder (SUD), family members often experience financial hardship, extreme stress, and emotional or physical illness. Family members rely on treatment professionals and peer support to understand the impact of SUD on families, and how they can best help and support their recovering loved one. This workshop provides strategies for professionals to communicate effectively with families of patients receiving treatment services.

**9:00AM – 12:00PM Session:** Register Here
**1:00PM – 4:00PM Session:** Register Here

**Wednesday, September 11th – Commission­ers’ Meeting**
Chester County Board of Commissioners’ monthly meeting. Proclamation for National Recovery Month.

**10:00AM – 10:30AM:** Additional Information

**Wednesday, September 11th – Recovery Day at the Phillies**
Enjoy a fun-filled evening supporting recovery while cheering on the Fightin’ Phillies! Tickets are $20 each, which includes a donation towards recovery support services.

**6:40PM – 9:40PM:** Buy Your Tickets Here

**Friday, September 13th – The Impact of Substance Use on Parenting and Children**
This training will provide information on how Substance Use Disorder affects parenting behavior and children – both in times of active use and in recovery. We will also examine strategies for providing safety to children in homes with parental SUD, as well as support for parents and caregivers of children while in treatment and early recovery.
Saturday, September 14th – Tree House World Event
This event unites caregivers and children affected by substance use disorder by connecting families in a shared activity to heal and recover together.

10:00AM – 12:00PM: Register Here

Friday, September 20th – Issues Affecting Parents in Early Recovery
This training will discuss strategies for working with parents in recovery, how caring professionals and communities can support recovering families, and how we can help to prevent substance use in children and teens.

9:00AM – 12:00PM Session: Register Here
1:00PM – 4:00PM Session: Register Here

Saturday, September 21st – Recovery Walk at Navy Yard
Join PRO-ACT to celebrate recovery and work to end the stigma surrounding substance use disorder.

8:00AM: Register Here

Tuesday, September 24th – Voices of Recovery
Hear the stories of individuals currently in recovery from a substance use disorder. Learn about their path to recovery and how they maintain their sobriety. There will be time for questions and discussion about the recovery process. Members from the community and healthcare professionals are encouraged to attend and participate in the discussion.

12:00PM – 1:00PM: Register Here

Friday, September 27th – Reducing Risk & Increasing Resilience in Families Experiencing Incarceration
This training will provide information on how parental incarceration affects children and family functioning, focusing on the developmental considerations for infants, children and adolescents. Discussion will include how to provide support to children of incarcerated parents and their caregivers, techniques for maintaining the bond between parent and child, and resources are available for kinship care families.

9:00AM – 12:00PM: Register Here
1:00PM – 4:00PM: Register Here

Saturday, September 28th – I Can, You Can, Narcan
Join this free community education event to reduce the incidence of accidental drug overdoses. Chester County Department of Drug and Alcohol will provide information on how to recognize and respond to an opioid overdose and how to access treatment in Chester County, PA. All attendees will receive training on how to use life-saving Narcan® (naloxone) nasal spray, and free naloxone will be given to participants. Printed materials for participants will be available in English and Spanish upon request.
10:30AM – 12:00PM: Register Here