



Chester County Health Department

COVID-19 Updated Quarantine & Isolation Tool

Revised: February 1, 2022

Purpose: The Centers for Disease Control and Prevention recently updated its [quarantine and isolation guidance for COVID-19](#). This document serves as a tool for Schools and Child Care/Early Education Providers (CC&EE) to implement the updated guidance.

Isolation and Quarantine Tool:

Scenario	Who	Return Guidance
#1 Negative Screening	Everyone, regardless of vaccination status.	<ul style="list-style-type: none">• None
#2 COVID-19 Like Symptoms	Everyone, regardless of vaccination status.	<ul style="list-style-type: none">• Should be tested for COVID-19 and do not attend school/CC&EE until test results are received.<ul style="list-style-type: none">○ <u>Negative test result</u>: Return to school/CC&EE based on clinical criteria for alternative diagnosis. If no alternative diagnosis is known, return to school/CC&EE 24 hours after symptoms are improved.○ <u>Positive test result</u>: Follow return to school/CC&EE guidance for scenario #3.• If individual is <u>not</u> tested, they should consult with a physician to rule out COVID-19.• If individual is <u>not</u> tested <u>and</u> has an epidemiological link to a known COVID-19 positive individual, follow return to school/CC&EE guidance for scenario #3.
#3 Tested Positive for COVID-19 (Isolate)	Everyone, regardless of vaccination status.	<ul style="list-style-type: none">• Do <u>not</u> attend school/CC&EE and isolate at home for 5 days.• If no symptoms, or symptoms are resolving, after 5 days, isolation is complete and individual can return to school/CC&EE.<ul style="list-style-type: none">○ If a test is performed on day 5, it is best to use an antigen test. If the test result is positive, individual should



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Scenario	Who	Return Guidance
		<p>continue to isolate until the end of day 10. If the test result is negative, individual can end isolation.</p> <ul style="list-style-type: none"> • Individual should wear a mask while at school/CC&EE regardless of the school's/CC&EE's current masking policy and outside of the home when around others for 5 additional days. <ul style="list-style-type: none"> ○ If unable to wear a mask when around others, individual should isolate for 10 days. <p><i>If individual has a fever, continue to stay home until 24 hours after fever resolves.</i></p>
<p>#4 Exposed to Someone with COVID-19 & Up-to-Date on COVID-19 Vaccines</p> <p>OR</p> <p>Recent COVID-19 Infection</p> <p>(Close Contact/Quarantine)</p>	<p>If individual:</p> <p>Is aged 18 or older and has received all recommended vaccine doses, including boosters.</p> <p>OR</p> <p>Is aged 5-17 years old and has completed the primary series of COVID-19 vaccines.</p> <p>OR</p> <p>Had confirmed COVID-19 within the last 90 days (tested positive using an antigen or PCR test).</p>	<ul style="list-style-type: none"> • Individual can attend school/CC&EE; no quarantine is required. • Individual should wear a mask while at school/CC&EE regardless of the school's/CC&EE's current masking policy and outside of the home when around others for 10 days. • Test on day 5, if possible; if individual does not have symptoms while waiting for test results, they are permitted to attend school/CC&EE. <ul style="list-style-type: none"> ○ <u>Negative test result</u>: Continue to attend school/CC&EE and wear a mask until 10 days is complete. ○ <u>Positive test result</u>: Follow return to school/CC&EE guidance for scenario #3. <p><i>If individual develops symptoms during quarantine or upon return to school/CC&EE, they should get tested, stay home, be excluded from school/CC&EE, and follow return to school guidance for scenario #2.</i></p>
<p>#5 Exposed to Someone with COVID-19 &</p>	<p>If individual:</p>	<ul style="list-style-type: none"> • Do <u>not</u> attend school/CC&EE and quarantine at home for 5 days.



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<p>NOT Up-to-Date on COVID-19 Vaccines</p> <p>OR</p> <p>NO Recent COVID-19 Infection</p> <p>(Close Contact/ Quarantine)</p>	<p>Is aged 18 or older and completed the primary series of recommended vaccine, but have NOT received a recommended booster shot when eligible</p> <p>OR</p> <p>Received the single-dose Johnson & Johnson vaccine (completing the primary series) over 2 months ago and have not received a recommended booster shot.</p> <p>OR</p> <p>Are not vaccinated or have not completed a primary vaccine series.</p>	<ul style="list-style-type: none"> • If no symptoms after 5 days, quarantine is complete and individual can return to school/CC&EE. • Individual should wear a mask while at school/CC&EE regardless of the school's/CC&EE's current masking policy and outside of the home when around others for an additional 5 days. <ul style="list-style-type: none"> ○ If unable to wear a mask when around others, individual should quarantine for 10 days. • Test on day 5, if possible; if individual does not have symptoms while waiting for test results, they are permitted to attend school/CC&EE. <ul style="list-style-type: none"> ○ <u>Negative test result</u>: Attend school/CC&EE and wear a mask for an additional 5 days. ○ <u>Positive test result</u>: Follow return to school/CC&EE guidance for scenario #3. <p><i>If individual develops symptoms during quarantine or upon return to school/CC&EE, they should get tested, stay home, be excluded from school/CC&EE, and follow return to school guidance for scenario #2.</i></p>

Notes:

- There is no change to what constitutes "day 1" or how days of quarantine/isolation are counted.
- There is no change to the 48-hour exposure period used to identify individuals exposed/close contacts.