



YOUTH
MENTAL
HEALTH
FIRST AID®

OUR STUDENTS NEED US.

Take  YOUTH MENTAL HEALTH FIRST AID.

Youth Mental Health First Aid is an evidence-based course designed to teach adults who work with youth, how to help an adolescent (age 12-18) who is experiencing a mental health or substance use challenge, or is in crisis.

The course has been adapted to be delivered virtually in 6.5 hours.



The **2-hour online, self-paced session** is to be completed on Mental Health First Aid USA' s learning management system.



The **4-hour Instructor-led Zoom session** is scheduled with two certified Youth Mental Health First Aid Instructors.

Following the 6-hour training, participants will be certified Youth Mental Health First Aiders!

FRIDAY, AUGUST 27

8:30 am - 1:30 pm

Virtual Online Format

TO REGISTER:

<https://bit.ly/3wEOVaV>



ablue@wcupa.edu