

Use this document to help identify close contacts that may have been exposed to COVID-19.

WHAT COUNTS AS A CLOSE CONTACT?

- You were within 6 feet of someone who has COVID-19 for 15 minutes or more over 24 hours
- You provided care at home to someone who is sick with COVID-19
- You had direct physical contact with the person (hugged or kissed them)

Close contacts are at risk of becoming infected if you had contact with them **2 days before you developed symptoms or 2 days before your test was performed** if you did not have symptoms.

Use the first table below to identify the days you may have contact with individuals and write down any individuals you had close contact with in the second table.

STEP 1: ENTER THE DATES BELOW Asymptomatic individuals should enter the date they were tested

Date symptoms began or the date the test was collected (whichever came first)	Identify Close Contacts During this Time Period	
	1 Day Before	2 Days Before
A.) ___ / ___ / ___	B.) ___ / ___ / ___	C.) ___ / ___ / ___
The date above is the date when your isolation begins		






STEP 2: MAKE A LIST OF WHO YOU CAME INTO CLOSE CONTACT WITH BETWEEN DATE A AND DATE C

Who were you in close contact with?

Did you visit a doctor's office? Did you go to work or school? Did you visit a business (gym, restaurant, etc.)? Did you attend a mass gathering (religious gathering, party, sporting event, etc.)?

Date of contact	Name (of person, facility, or event)	Contact Number	Call Result (left voicemail, spoke to person, etc.)

STEP 3: IF YOU TEST POSITIVE, CALL THOSE YOU CAME INTO CLOSE CONTACT WITH AND TELL THEM TO:

-  Stay home until quarantine requirements are met. Specific guidance can be found online at chesco.org/coronavirus on the "Sick or Close Contact" resource page
-  Stay away from others, especially people who are at higher risk for getting very sick from COVID-19
-  Watch for fever (100.4 °F), cough, shortness of breath, and other symptoms of COVID-19
-  The Chester County Health Department recommends all close contacts get tested **5 to 7 days after exposure, or if you notice symptoms**
-  Inform workplace or school of quarantine

For more information visit: [Chesco.org/coronavirus](https://chesco.org/coronavirus)