

Wishing you a

# HAPPY THANKSGIVING

& Holiday Season

In the season of thanksgiving, we wanted to take a moment to let you know how **thankful** we are for the important work you do in our community. This year may feel a bit different as we navigate the COVID-19 pandemic, but now more than ever gratitude is so important.

In addition to practicing gratitude this holiday season, we ask you to join us in remembering the lives lost, and families left behind, due to Substance Use Disorder (SUD) and COVID-19.

Recognizing all that can come with the holiday season, we have compiled resources for you to navigate. Please see below:

**Handling grief and the holidays [8 tips](#)**  
**Chester County [Family Help Book](#) for drug and alcohol related resources**  
**Department of Human Services [COVID-19 Resource Guide](#)**  
**Preparing your kids for the holiday Season [Tips](#)**  
**Be a Part of the Conversations' ["Find a Meeting"](#)**

We wish you and your family nothing but the best this Thanksgiving and throughout the holiday season.

Sincerely,

*The Chester County Department of Drug and Alcohol Services*

