



Recovery Works!

The mission of Chester County Department of Drug and Alcohol Services is to ensure that quality alcohol and other drug intervention and treatment, as well as alcohol, tobacco and other drug prevention programs are provided for citizens in an efficient and cost-effective manner.



As we continue to face the pandemic and its effects, the holidays may look different for you and your loved ones. There may be increased feelings of anxiety, uncertainty, stress, loss and loneliness. Now more than ever, it is important to practice healthy coping skills and continue connections to take care of ourselves and our families.

Maintain your recovery and take care of yourself and loved ones this holiday season by engaging with your local recovery community, seeking out support groups, and practicing self care.

Please check out the specific resources below:

[Find a Meeting](#)

[Find Parent Support](#)

[Find Mental Health Support](#)



Community Events and Training's

[A Brother's Love](#)

A live, online sibling support group which is professionally facilitated to help surviving siblings navigate sibling loss.

The group meets the first Tuesday each month.

[Kacie's Cause Community Newsletter](#)

The 501(c)3 organization is dedicated to Kacie Erin Rumford, her memory, her love of all of us and her desire to change this world to be a better place to live ... from her family and friends who love her.

[Virtual Parents Cafe: Parenting in the Pandemic](#)

[Presented by Barnstone Art for Kids](#)

Monday, December 14, 2020

6:00pm-7:30pm

Join Phoenixville Area Positive Alternatives and Barnstone Art for Kids to discuss parenting during the pandemic. This is a free virtual workshop.

Be a Part of the Conversation presents: Have You Had the Conversation?

Tuesday, December 15, 2020

7:00pm-8:30pm

Elementary school years are the ideal time for families to begin important conversations about substance use, with special sensitivity toward young children. Join this event for an engaging conversation about the reality of when and how kids are introduced to substances, how to have a conversation about those who struggle with substance use, to understand risk factors and protective factors, and to empower yourself as a parent.

Accessing the Adult Serving Systems in Chester County

Wednesday, January 13, 2020

8:30am-12:00pm

This training identifies the Chester County Adult Serving Systems and describe the criteria required to access and use each system. Systems will include: Adult Probation, Aging, Chester County Prison, Community Development, Drug and Alcohol, Health Department, Mental Health/Intellectual and Developmental Disabilities (including Early Intervention).

Would you like your community news, event, or training to be shared?

Email: kgenthert@chesco.org

AT&T K-12 Connected Learning Program

The AT&T K-12 connected learning program is focused on closing the homework gap for at-risk students by providing mobile Wi-Fi hotspots and free AT&T wireless internet service. School districts, charter schools, and community-based non-profit organizations that serve at-risk youth are eligible to apply.

[Click Here for More Information](#)

EXPERIENCING HOMELESSNESS?

Sleeping outside or in a vehicle?

Fleeing domestic violence?

At risk of losing your current housing?



CALL 2-1-1 FOR ASSISTANCE



CHESTER COUNTY HAS SERVICES TO HELP

- Emergency services information available 24/7
- Intake done 8 AM to 5 PM, Monday - Friday
- Text your zip code to 898-211
- Se habla Español
- Hearing Impaired? Use 7-1-1 relay service to call 2-1-1





It is very common for us to take medications, vitamins and other supplements to lead a healthy life. However, any medication, vitamin or supplement can be dangerous if taken incorrectly or by the wrong person such as a child. An initiative of PROTECT, in partnership with the Centers for Disease Control and Prevention (CDC), the Up and Away and Out of Sight is an educational program to remind families about the importance of safe medicine storage.

According to the campaign, approximately 60,000 children are brought to the emergency room each year because they got into medications that were within their reach.

Please see below for campaign resources:

[Up and Away Campaign Brochure](#)

[Medication Safety Coloring Pages](#)

[Dispose of Unneeded or Expired Medications in Chester County](#)

Log onto the Up and Away Campaign [website](#) for more information



Family Member Help Book

Finding support for substance use and related issues can be challenging. This Resource Guide, developed by the Chester County Department of Drug and Alcohol Services' Advisory Council, was created to guide you in connecting to the services needed.

Compiled with the assistance of individuals and family members who have lived experience as well as representatives from recovery and treatment organizations, the guide includes resources for every step of the treatment and recovery journey. Our hope is that it will help you, your loved one and your family, find support healing and the rewards of sustained recovery for each person and family member impacted.

[Click Here to Download the Help Book](#)



Chester County Department of Human Services:

"WE'RE STILL HERE FOR YOU"

Please know, during the Coronavirus (COVID-19) pandemic, our services are still available.

Drug and Alcohol

[Chesco.org/DrugandAlcohol](https://chesco.org/DrugandAlcohol)

24/7 PA Get Help NOW:
1-800-662-HELP (4357)

Mental Health

[Chesco.org/MHIDD](https://chesco.org/MHIDD)

24/7 Crisis:
Call 610-280-3270 or
Text 741-741

For other needs such as food, housing, health, employment, disability, transportation, etc., call or text 2-1-1



Information Opportunity! Did you know.....

There are several other county departments who send out community newsletters and announcements just like this one. If you're interested, sign up [here](#).

