

# Chester County Juvenile Probation

## Girls' Circle

### Girls' Circle is:

- An Evidenced-Based program that is a gender-relevant, strength-based, skill-building approach.
- Girl's Circle Path to the Future is especially designed for at-risk or court-involved girls, ages 12-18.
- Supported by Pennsylvania's Juvenile Court Judges Commission (JCJC).

### Program Mission:

The goal of the Girls' Circle group is to increase competence, positive connections and personal strength in the girls who participate.

Girls' Circle examines:

thoughts, actions and beliefs about friendships

trust

authority figures

mother/daughter relationships

sexuality

dating violence

HIV

drug abuse

stress

goal-setting

Girls will explore their choices and behaviors and examine ways to promote self-care and healthy decision-making through lively, prepared discussions and activities.

## **Chester County Juvenile Probation Girls' Circle**

### **Group Requirements:**

Sessions are held once a week for ten weeks. Sessions are 2 hours in length.

There will be a maximum of 6 girls per session.

Girls must attend the first session to participate in that group.

No new members are permitted to enter after the group has begun.

Groups will maintain confidentiality.

Facilitators are mandated reporters and will follow all mandated reporting laws. Group participants will be informed of these responsibilities under the law.

Participation does not have to be court ordered but must be added to supervision plans/conditions of probation.

Transportation stipends are available at \$10 per session.