

Today you have been tested to see if you have any antibodies to COVID-19. Your body makes antibodies to protect you from infections, like COVID-19. Your body makes different antibodies at different times during illness and recovery.



**IgM**  
antibody

IgM is often the first antibody made when a person is exposed to a germ. It is an early response antibody. Your body usually starts to make IgM antibodies during the first week of illness, and stops making IgM antibodies after a few weeks.



**IgG**  
antibody

IgG is usually made next. Your body usually starts to make IgG antibodies after the first week of illness. IgG antibodies may stay in the body for weeks, or longer. If you have IgG antibodies, it might mean that you are immune to the illness for a period of time, probably weeks to months.

## What Your Antibodies Can Tell You and Your Doctor

This test is not FDA approved. This test looks for IgM and IgG. This test does not measure how many antibodies you have, only if they are there or not. This test does not tell you how well your antibodies work. This test might pick up antibodies from a coronavirus that does not cause COVID-19. However, this test can give doctors some information about how your body is responding to an infection.

**With this information, doctors can give you guidance on:**

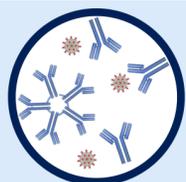
- If you need to self-isolate to reduce the spread of COVID-19
- If you are in recovery, but still possibly contagious
- If you are at end of your illness and might be immune for the moment
- If you had COVID-19 in the past, even if you were never diagnosed or never felt sick

## Reading Your Test Results



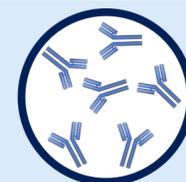
**Positive for IgM**  
Antibodies

- You may have COVID-19
- You are likely contagious
- Self-isolate at home



**Positive for Both**  
IgM and IgG Antibodies

- You may have COVID-19
- You are starting to recover
- You may still be contagious



**Positive for IgG**  
Antibodies

- You are likely in recovery or have recovered
- You may be immune to COVID-19 for a period of time
- We do not know how long you may be immune

**If you develop symptoms, stay home until:**

- No fever for 72 hours without medication
- Other symptoms have improved
- 7 days have passed since symptoms started

**If you do not have symptoms, stay home for 7 days after test**

### Negative for Both IgM and IgG

- You are not immune to COVID-19
- You can still become sick if exposed
- You might have an early infection and your body has not made antibodies yet

### Control Line Negative

- Your test did not work properly and there is no result
- You need to be tested again

## Regardless of Your Test Results...

**We are still learning about COVID-19, how we recover, and how long we are immune to COVID-19.**

**Please continue to follow public health guidance regarding prevention strategies including hand-washing, physical distancing, and wearing masks in public.**