Coaching in Early Intervention
What is Coaching?

An adult learning strategy in which the coach promotes the learner’s ability to reflect on his or her actions as a means to determine the effectiveness of an action or practice and develop a plan for refinement and use of the action in immediate and future situations.

M’Lisa Sheldon and Dathan Rush
“Coaching is not telling people what to do, it’s giving them a chance to examine what they are doing in light of their intentions”
Reflection

While reviewing a video of playtime, AJ’s dad noticed 3 times that AJ used a sound to get his dad to repeat an action. He also noticed that later in the video, when he did not respond to AJ’s sounds, AJ quit trying to play. AJ’s dad was very surprised at how much what he did changed what AJ did and plans to look for more examples during this week.
Problem Solving

De Vonne’s grandmother and I discussed how to help De Vonne transition from active outdoor play without tears and tantrums. We decided to try giving him a “when/then” card with the next activity on it so that he will be more aware of what will come next. Grandma also chose 3 of his favorite toys and books to use with him as the first thing they do after coming back into the house.
Coaching: Evidenced Based Practice

A Closer Look At What Research Tells Us
Support from National Experts

- Dr. Juliann Woods  
  *Florida State University*
- Dr. Dathan Rush and Dr. M’Lisa Sheldon  
  *Family Infant and Preschool Program*
- Dr. Carol Trivette  
  *Orlena Puckett Institute*
- Dr. Tweety Yates  
  *University of Illinois*
5 Coaching Characteristics
Rush & Sheldon, 2004

Research reveals 5 key Characteristics influence learning and capacity building:

1. Joint Planning
2. Observation
3. Action/Practice
4. Reflection
5. Feedback
5th year of OCDEL grant opportunities to provide Statewide support:

*Positive Behavior Support, Coaching and Social Emotional needs*
Expanding the Impact
# Coaching Progression

<table>
<thead>
<tr>
<th>Grant /Year</th>
<th>Coach/Coachee</th>
<th>Provider Involvement</th>
<th>Communities of Practices</th>
</tr>
</thead>
<tbody>
<tr>
<td>2013-14 Home Based Coaching</td>
<td>1</td>
<td>1 dimensional and sporadic training attendance</td>
<td>None</td>
</tr>
<tr>
<td>2015-16 Results Grant: Coaching for SE Growth</td>
<td>2 coaches/2 coachees</td>
<td>4 agencies</td>
<td>None</td>
</tr>
<tr>
<td>2016-17 EBP: Coaching for SE</td>
<td>4 coaches/7 coachees across 7 agencies</td>
<td>17 agencies</td>
<td>1</td>
</tr>
<tr>
<td>2017-18 EBP: Coaching for SE</td>
<td>3 coaches/7 coachees + SC’s</td>
<td>17 agencies</td>
<td>3 + Motivational Interviewing for SCs</td>
</tr>
</tbody>
</table>
FY 16-17 Kick off
Where are we now?

- 3 Master coaches to support fidelity
- 3 Lead Coaches
- 7 coachees
- 9 agencies directly participating in grant
- 5 COP Opportunities
- All 17 agencies have a Coaching Plan
- Focus on Sustainability and Best Practices
- Continued focus on Social Emotional growth
EI providers coaching caregivers
“Infants and Toddlers learn best through every day experiences with familiar people in familiar contexts”
Relationships: Essential for All Children

Only in the context of a relationship can a child survive, learn and grow.

Optimal Development is only possible within nurturing, supportive relationships.
Sensitive and Responsive Caregiving

- Affects the development of the brain in positive ways
- Perpetual lack of such experiences is stressful and damages brain architecture

Hanson et al., 2013
Think About This…..

“A Professional’s greatest responsibility is to support and foster the “serve and return” interactions between an infant and her caregiver—a process fundamental for proper neural wiring of the brain.”

Brandt 2013
Coaching supports PIWI- Parents Interacting With Infants
Goal is to increase:
• Competence
• Confidence
• Mutual Enjoyment
Families Front and Center

A Presentation of
Family Infant Toddler (FIT) Program,
Developmental Disabilities Supports Division,
NM Department of Health
and
Early Childhood Learning Network,
Center for Development & Disability,
University of New Mexico
EITA Portal Resources

Early Intervention Technical Assistance Online Learning Portal

Professional Development

Search for courses

Foundations for Infant/Toddler Services in Early Intervention
Transition
Evaluation, Assessment & Eligibility
Early Intervention Orientation
Service Delivery

Early Childhood Outcomes (ECO)

Tom Wolf, Governor
Pedro Rivera, Secretary of Education | Ted Dallas, Secretary of Human Services
Family Coaching Resources

Coaching families in the child’s natural environment promotes interventions and parent child interactions that support the child’s development in everyday routines, activities and places where the family participates. The following links take you to presentations with resources to support this important approach.

Website Resources for Family Coaching:
- Family Guided Routines Based Intervention (FGRBI)
- The Family, Infant and Preschool Program (FIPP)
- Project TaCTICS
- DEC Recommended Practices
- PA Keys
Questions?