

Chester County Juvenile Probation

PA Alcohol and Other Drug Education Program

Program Mission:

The goals of the program are to provide juveniles with accurate information about the effects of drugs and alcohol on health and driving ability, and to provide accurate information about Pennsylvania laws that relate to alcohol and other drugs.

The program utilizes cognitive behavioral approaches, the stages of change model, and motivational interviewing techniques.

Each juvenile will be given a workbook that provides information and engages them to ensure participation and learning through introspection and group sharing.

It examines:

- The financial and personal consequences of high risk behaviors and explore options for change

- Methods youth can use to strengthen their decision-making and communication skills

- Explores enjoyable activities that do not involve alcohol or other drug use.

The PA Underage Alcohol and Other Drug Education Program is especially designed for at-risk or court-involved youth, ages 12-20.

Group Requirements:

The program is held in two, four hour sessions.

Juveniles must attend the entire session to participate in the program.

Groups will maintain confidentiality.

Facilitators are mandated reporters and will follow all mandated reporting laws. Group participants will be informed of these responsibilities under the law.