

National Alliance on Mental Illness (NAMI) of Chester County  
[http://www.namichestercounty.org/?page\\_id=26](http://www.namichestercounty.org/?page_id=26)

**Support Groups meeting monthly for families in Chester County, PA.**

*You are not alone! Family members of individuals with a serious mental illness not only endure the initial shock of the illness, but also face a challenging future learning to cope with the responsibility of caring for an ill relative.*

*Because of discrimination and the stigma surrounding mental illness, many individuals and their families become isolated and feel shame. This keeps many family members from seeking the help, support and information that they desperately need.*

*There is no need for you to feel alone because of a serious mental illness in your family. There are resources available.*

**For information regarding the time and location for a specific support group, please contact the NAMI Chester County office, phone 484-947-5643 or e-mail [namichesco@comcast.net](mailto:namichesco@comcast.net)**

**Support Groups – Family**

- Central Chester County NAMI Family Support Group, West Chester  
1st Wednesday of the month

7 – 9 pm

Peer Center

825 Paoli Pike West Chester, PA 19380

- Southern Chester County NAMI Family Support Group, Kennett Square  
1st Thursday of the month

7:30 – 9 pm

Friends Meeting House

125 West Sickle Street Kennett Square, PA 19348

- Northeastern Chester County NAMI Family Support Group, Phoenixville  
2nd Thursday of the month

6:30 – 8:00 pm

Penn Psychiatric Center

601 Gay Street Suite 6 Phoenixville, PA 19460