

Don't forget to....

- Report a patient illness immediately to your outbreak coordinator.
- Learn the outbreak procedure. Internal communication is critical.
- Keep treatment of ill and well patients separated. Do not treat well patients if you are also treating sick patients.
- Wipe down high exposure areas: door knobs, toilets, sinks, food surfaces, etc.
- Wash soiled linens in hot water. Separate from other laundry items.



Thank you for your cooperation

For questions about Norovirus or other communicable diseases, call the Health Department at

610-344-6452



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Vomiting and Diarrheal Illness for Employees

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"Protecting You and Your Environment"

What is it?

Vomiting and Diarrheal Illness, also known as **Norovirus**, is a very contagious gastrointestinal illness that is easily spread from person to person.



How is it spread?

- Person-to-person
- Dirty surfaces

The virus is shed in feces and vomit of people who are having symptoms. The virus can be shed up to 48 hours after symptoms have stopped.

Signs and Symptoms

Sudden onset of:

- Nausea
- Vomiting
- Diarrhea
- Stomach cramps
- Headaches



Norovirus can be serious in young children, the elderly, and people with other health conditions; it can lead to severe dehydration, hospitalization and even death.

Prevention

- Wash hands frequently
- Use EPA-approved cleaning products
- Wear proper PPE clothing when tending to ill patients
- Stay home from work when sick
- During an outbreak, close off affected areas until illness has resolved

